Kids! 10 Easy Ways YOU Can Help Save Rainforests

- 1. Ask your parents to buy foods—like bananas and coffee—that are grown in a sustainable way—In a way that is safe for the environment, for wildlife, and for people.
- 2. Ask your school to buy environmentally friendly paper.
- 3. Have a bake sale or school fundraiser to raise money to donate to an organization that works to conserve rainforests.
- 4. Read about other children who live in and near the rainforest; see how they and their families depend on the plants and animals in the rainforest.
- 5. Tell your friends and family about how important the rainforests are, or ask your teacher to teach your class more about rainforests.
- 6. Use less paper—re-use paper instead of throwing it out. Cut it up to use as a notepad, or recycle the paper you use. Ask your parents and teacher about how they recycle their paper.
- 7. Do a class project to learn more about rainforests and the plants and animals that live there- Create a skit, write a story, or decorate your classroom to look like a real rainforest.



- 8. Write a letter to an organization or company that is working to protect the rainforest and tell them they're doing a great job!
- 9. Look at a map of the world with your parents or teacher, and point out the places where rainforests exist.
- 10. Look around your home for things you use or eat that originate in the rainforest; Think about how many things that we use every day originate in the rainforest, and how it would affect you if they were no longer around.

